



"Diversification and Future Potential of International Cooperation and Partner Institution Exchange Utilizing Online Tools"

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associate professor
of Vyatka State University (Kirov, Russia)

2023

Plan of presentation

- 1) Introduction
- 2) General information
- 3) Project itself
- 4) Conclusion and plans
- 5) Information coordinations



About myself

→ Iurlova Olga Alekseevna

→ Associate Professor of Foreign Languages Department

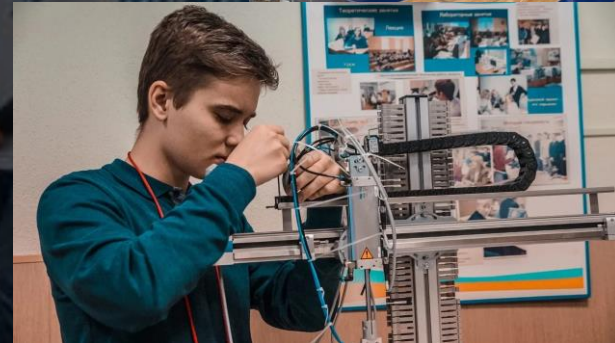
- Experience as English Educator,
- Administrator of International Office
- International training (Fulbright, Texas Summer School)



VYATSU



- Kirov, Kitov region (Russia)
- 1963 - year foundation
- More than 20,000 students and 1,100 teachers
- 220 directions of studying programmms



Relevance of studying English in Projects

- Passing the State exams
- Opens up a world of job opportunities
- Form meaningful friendships
- Grows one's brain
- Makes you more open-minded
- Helps you better understand your own language and culture
- Travel becomes easier

Relevance



Challenges (according the students evaluation)

A cartoon illustration of a man in a white shirt and tie running across a gap. A large purple banner with the word 'OBSTACLES' is stretched across the gap. On the left side of the gap, there is a red sign on a wooden post that says 'START'. On the right side, there is a red sign on a wooden post that says 'SUCCESS'. The background is a dark blue sky with stylized clouds and a green ground area.

- Fear of speaking with strangers
- Low / loss of motivation
- Lack Of Practice Opportunities
- Overabundance of different levels and quality information
- Old methods and new minds
- Being Set In Your Ways
- Lack Of Time
- Doubt about oneself abilities/Expecting it to be easy

- The aim of the work is to involve the students in integrated projects activity by choosing up subjects that inspire them



Motivation will almost always beat mere talent (Norman R. Augustine)

General information

- ❑ Students' joined scientific educational project held in English
- ❑ Communication and education platform ZOOM, TEAMS, VK, SIGNAL, VIBER, WHATSAPP, TELEGRAM, DISCORD and some others'
- ❑ Internet Application: PADLET, INFOGRAPHICS, KAHOOT, QUIZLET, GOOGLE resources
- ❑ Students of different majors (Russia) and from Penns University (USA).
- ❑ Educators and Coordinators: Kathy Shaffer and Carol Kok, (USA)
Nikulina K, Bubnova J., Dubovtseva L., Mishytinskay E. (Russia)
- ❑ Administrator Olga Iurlova
- ❑ Language: English

Stages of project

STAGES

- 1) Preparation
- 2) Introduction
- 3) Fulfillment
- 4) Review and evaluation
- 5) Conclusion and Future plans



1st stage - Preparation *December 20-21*

Administrators:

- Found out, discussed the main topics that are interesting for both American and Russian students.
- Students' Healthy way of living
- Discussed, analyzed, and thought over the detailed plane of the project

Students

- Discuss and mull over the main topic of project
- Found out subtopics and objects according their interests and way of living

Objects of studying:

- Healthy use of Computers and technology, Healthy Food, Food desert, Vegetarianism, Molecular Kitchen

2nd stage - introduction

Coordinators

-assisted students

-administered ZOOM meeting for all the students

Introduction ZOOM meeting for all participant (small introduction, setting goals, plans and perspectives)

RELO Educator- started to give lesson of English

Students (PADLET)

- Make a short introduction about themselves, their majors, Universities, cities and countries
- Studied the each other presentation (ask questions if needed)
- Write down their opinion and expectation about topics and projects
- Choose the topic and give short explanation

Introduction

Joined project

The background features a dark grey field with large, stylized puzzle pieces in shades of teal and olive green. Several human figures are depicted interacting with these pieces: one person stands on a ladder next to a piece, another stands on a piece, and others are positioned around various pieces. Large gears are also visible, some with dashed arrows indicating a clockwise flow. The overall theme is collaborative problem-solving and project management.

-Every week students of each topic group got zoom meeting with coordinators

-Coordinators checked the fulfillment of previous task and set next task

-Students were to decide together how to achieve the goals

Joined project



1st week (Explore the research topic)

2 nd week (Set the plan of the research, assign responsibilities in group)

3d week (Research work according to the plan)

4-6 weeks Work on project and discussing the challenges, goals,results

7 week preparation for general meeting (showing the draft of presentation)

8 GENERAL zoom MEETING (students show the result of their work and discuss them)

Students explained the relevance of the work, main ideas and challenges and specific decisions)

Joined project

The background features a dark grey field with various icons: a large green puzzle piece, a yellow gear, a blue ladder, a yellow ladder, a blue paper airplane, a yellow paper airplane, and several stylized human figures in various colors (blue, yellow, green, orange) interacting with the puzzle pieces and gears. Dashed lines and arrows suggest a process or flow.

-Every week students of each topic group got zoom meeting with coordinators

-Coordinators checked the fulfillment of previous task and set next task

-Students were to decide together how to achieve the goals

-SCIENCE FAIR at Penn State University (April)

-GREEN SPRING at Vyatka State University (May)

FINAL PART OF THE PROJECT

- GENERAL STUDENTS' MEETING (April) (evaluating, suggesting for next projects)
- GENERAL COORDINATORS' MEETING (May)(discussing the results and challenges, evaluating, setting future plans)
- MEETING WITH STUDENTS AND TUTORS OF VYATSU (JUNE)

Vegetarianism in the US & Russia

Conclusion

- vegetarianism is becoming a more common lifestyle both in the USA and Russia
- veganism is the most popular type
- moral and ethical considerations often lead to vegetarianism
- food options and substitutes are becoming easier to find
- a lot of health benefits
- high cost of vegetarian products is the main minus

Click to add speaker notes

Why is this important for students?

At present, the process of studying at a university is characterized by the assimilation of a large amount of information in a short time.

Participants visible in the grid:

- Kathy Shaffer
- erika ortiz
- Elizaveta Shishkina
- Jaslyn J Williams
- Jack Pringle
- Irina Nikolayeva
- Sonya Cheredko
- Anna Gribnits
- Egor Koscheev
- Jimmy Timko
- Olga Yurlova
- Alex J Davis
- Daria Agalakova
- Maria Kochkina
- Mercedes Krueger

FEEDBACK ON EDGE 2022

American students:

- It was nice to work with the students from Russia using many different types of media. Communication was a little difficult given the time differences.
- During this project we learned a lot about Russia and the students at Vyatka State University
- I would recommend to students that a class that uses EDGE will give you a lot of experience and will help you learn more. It was fun being able to collaborate with Russian students.

Vegetarianism is the US & Russia

Penn State University: Brooke Lees, Jaslyn Williams, Jill Dunleavy
Vyatka State University: Julia Savinykh, Alexandra Vershinina, Ann Chekirda, Victoria Mukhacheva, Daria Agalakova, Alexandra Karlova, Barbara Glushkova



Healthy Food & Healthy Eating

This infographic gives a visual explanation of the differences and similarities between these two countries regarding different aspects of healthy eating and healthy food. Our topic is practical for anyone who wants to diet, lose weight, or start eating healthier. Below are helpful ways to do just that!

America

Unhealthy Eating Habits In America

- Fast Food
- On the go meals

Healthy Eating Habits

- Vegan, vegetarian, and gluten-free diets are considered healthy.
- Fruits, veggies, and high protein items
- Meal prepping for the week

Russia

Unhealthy Eating Habits in Russia:

- Eat a lot of mayonnaise
- Fast food
- Overeating
- Fried food
- Using gadgets while eating

Healthy Eating Habits:

- Hearty breakfast
- A lot of greener, vegetables and fruits
- Eat soup for lunch
- Eat porridge for breakfast

Diet Culture

Goal- to achieve the ideal western physique
Dieting is very popular in the United States. People usually diet by cutting out junk food and focusing on eating healthier alternatives. There are many diets that people like to follow, such as the keto diet or vegan diets. Starting in the United States can be toxic. Those who look for fast results buy pills, teas and some people end up with eating disorders.

There are intermittent

However, nutrition and more people eating diets lose weight.

Body Goals

Being skinny and not overweight is generally seen as more attractive. Although, obesity is still a major problem. 36.5% of adults are considered obese.

Russians after the lead in an

been in sport since childhood.

Conclusion

There are many different ways that healthy eating can be seen in both countries, such as the aspects of what healthy eating is, diet cultures, and body goals. The ways of unhealthy eating seem to be what both countries have mostly in common.

Healthy Use of Computers and Technology

A group of students from Vyatka State University and Penn State Shemango students will work together in this space to create a final project on this topic.

Kathy S. + 10 • 17 май 21

What does "healthy use of computers and technology" mean to you?

Kathy S. + 6 members

What is "digital detox"?

Kathy S. + 6 members

Discuss using gadgets (cell phone, laptop, etc) while eating. How does this relate to healthy use of computers and technology?

Kathy S. + 6 members

For Friday, April 29 shorter presentations

What: Each group will share a SHORTENED version of your presentation with the following slides.

Time: 12:15/7:15 - 1:15/8:15

Kathy S. + 6 members

PSU students in the library

VyatSU students will join via Zoom. The link will be shared on Friday.

Please do not change your presentation today. Just copy over slides into this shorter presentation.

Kathy S. + 6 members

1. Title slide with names of students from PSU and VyatSU names of

Kathy S. + 6 members

For April 4 meeting

For April 11 meeting on Zoom with Instructors at 8:00

Reminder - final version due on Padlet

Kathy S. + 6 members

Reminders for upcoming Group Presentations

the content of our work:

Example of adding the name of the presenter to the bottom right corner of the slide.

Kathy S. + 6 members

We are ALL meeting on Zoom on Monday, April 25 at 12:30 pm (7:30 pm

Kiril Moto... + 6 members

Abbreviated presentation

DEVICES AND APPLICATIONS THAT HELP YOU TAKE CARE OF YOUR HEALTH

Kathy S. + 6 members

Progress on Project

Hello,

I am just checking see if you have narrowed down the topic of Healthy Use of Computers and Technology to a specific topic.

Kathy S. + 6 members

What challenges do university (college) students face in eating healthy?

Kathy S. + 6 members

Discuss using gadgets (cell phone, laptop, etc) while eating. How does this relate to healthy

Kathy S. + 6 members

Reminder that we are meeting via Zoom on Monday April 4 at 8:00 pm (Moscow) 1:00 pm

Healthy Use of Computers and Technology

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Kathy S. + 6 members

Progress on Project

Hello,

I am just checking in to see if you have narrowed down the topic of Healthy Use of Computers and Technology to a specific topic.

What did you decide on?

What are the goals of your project?

What will each person in the group be doing to work towards these goals?

What will be the format of your final group project?

Kathy S. + 6 members

Reminder that we are meeting via Zoom on Monday April 4 at 8:00 pm (Moscow) 1:00 pm (US) for 10 minutes to see how your project is going.

Kathy S. + 7 members

Final Project Information

On Monday, April 25 at 12:30 pm (ET), 7:30 pm (Moscow) all of the students will meet for 1 hour on Zoom, and each group will share their final project (5-8 min presentation).

We will all meet again on Monday, April 4 starting at 1:00 pm (ET) 8:00 pm (Moscow) on Zoom to go over the progress that your group.

By Monday, April 11 your first draft of the final project should be posted on this Padlet. The instructors will then arrange to meet with each group via Zoom to provide feedback.

You will have 1 week to

Kathy S. + 7 members

Group for communication

EDGE 2022 spring computers

<https://t.me/+UmelvTFWnwzYTFj>

Korchemk... + 7 members

Hi. My name is Liza. I'm 18 years old. I'm studying computer science.

Irina Nik + 7 members

Hi. My name is Irina. I am 19 years old. I am studying in computer science.

Tatyana V... + 7 members

My name is Tatyana. I'm 19 years old. I'm studying Computer science

Korchemk... + 7 members

Themes

Hello everyone! Our group has chosen topic for the project: Devices and applications that help to take care of

Alexey Lo... + 7 members

Hi, my name is Alexey. I'm 19 years old. I'm studying in computer science.

Casa Men... + 7 members

Hi, my name is Casa. I'm 19 years old. I'm studying in computer science.

Timofey M... + 7 members

Hi, my name is Timofey. I'm 19 years old. I'm studying in computer science.

Healthy Food and Healthy Eating

A group of students from Vyatka State University and Penn State Shemango students will work together in this space to create a final project on this topic.

Kathy S. + 7 members

What is your favorite healthy food? What is your favorite junk food?

Kathy S. + 6 members

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Kathy S. + 6 members

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Kathy S. + 6 members

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Kathy S. + 6 members

For April 4 meeting

For April 11 meeting on Zoom with Instructors at 7:40

Reminder - final version due on Padlet on Monday, April 18

Kathy S. + 6 members

Reminders for upcoming Group Presentations

the content of our work:

Example of adding the name of the presenter to the bottom right corner of the slide.

Kathy S. + 6 members

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Kathy S. + 7 members

Final Project Information

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Your group will meet again on Monday, April 4 starting at 12:40 pm (ET) 7:40 pm (Moscow) on Zoom to go over the progress that your group has made.

Kathy S. + 7 members

By Monday, April 11 your first draft of the final project should be posted on this Padlet. The instructors will then arrange to meet with each group via Zoom to provide feedback.

Elizabeth S. + 7 members

link to telegram where we will discuss the project ---

Kathy S. + 7 members

Progress on Project

Hello,

I am just checking in to

Elizabeth S. + 7 members

My name is Liza. I'm student of the Law F...

Kathy S. + 7 members

Hi I'm Sonya. I'm 20.

Elizabeth S. + 7 members

My name is Liza. I'm student of the Law F...

Sonya S + 7 members

Hi I'm Sonya. I'm 20.

Conclusion

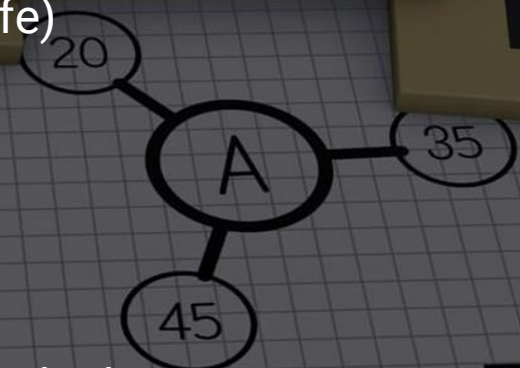
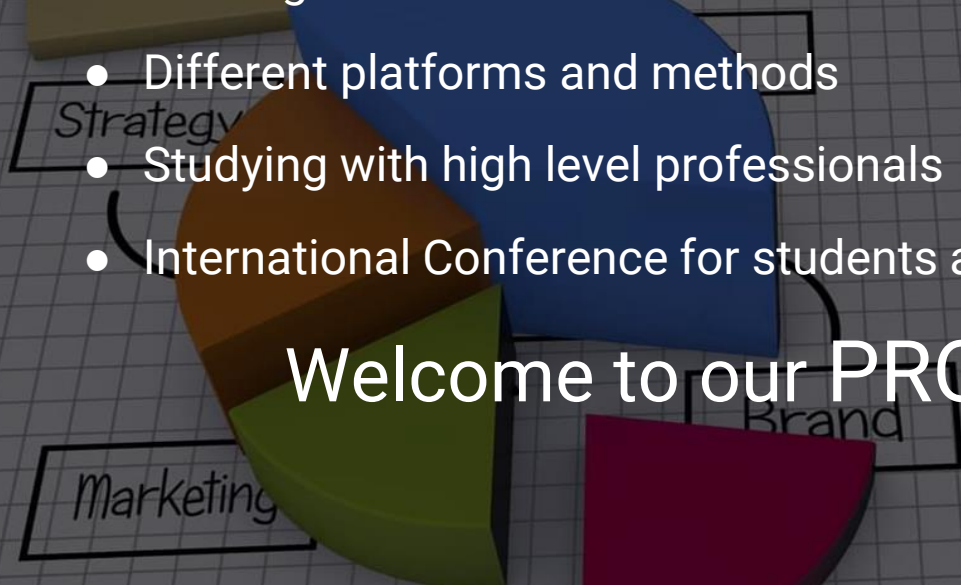
- Motivation
- Level of English
- Project management
- Communication skills
- Group work
- Fostering critical thinking
- English exams



FUTURE PLANS

- Various directions (science, everyday life)
- Interregional and international level
- Different platforms and methods
- Studying with high level professionals
- International Conference for students and educators

Welcome to our PROJECT



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OY



OLGA YURLOVA